LARGE FACILITIES (50 PLUS BEDS) WEEKLY MENU

Dates:					

WEEK ONE

				VVEEKONE		(Write II) dates w	ith a Pencil Only)
TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast 7:00 AM	Pancakes with Butter & Syrup Bacon or Sausage Milk	Cooked cereal Fruit Toast Milk	Boiled Eggs Toast Fruit Milk	Pancakes with Butter & Syrup Bacon or Sausage Milk	Cooked Cereal Fruit Toast Milk	Eggs Bacon or Sausage Toast Fruit Milk	Cooked Cereal Boiled Egg Toast Milk
Morning Snack 10:00AM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Lunch 12:00am	Swedish Meat Balls Buttered Noodles, Green Beans, Dinner roll, Cake, Milk or Punch	BBQ Beef on a Bun Potato Salad, Baked Beans, Chips, Cookies, Milk or Punch	Southern Fried Chicken Buttered Rice, Green Beans, Buttered Bread, Peach Cup, Milk or Punch	Spaghetti with Meat Sauce with Parmesan Cheese, Tossed Green Salad, Garlic Bread, Lemon Squares, Milk or Punch	Taco Chicken Casserole with Sour Cream, Spanish Rice, Green Salad, Chilled Fruit Cup, Milk or Punch	Fish & Chips, Three Bean Salad, Tarter Sauce, Fruit Cup or Jello Milk or Punch	Texas Hash Over Buns Green Salad Pineapple Chunks Milk or Punch
Afternoon Snack 2:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Dinner 5:00PM	Tomato Soup, VIP Sandwich, Sliced Pickles, Ice Cream or Fruit Milk or Punch	Chef's Special Soup, Egg Salad Sandwich on Wheat Bread, Sliced Tomatoes, Fruit, Milk or Punch	French Bread Pizza, Tossed Green Salad, Vanilla Pudding Milk or Punch	Fettuccini Alfredo with Ham, Tossed Green Salad, Garlic Bread, Fruit, Milk or Punch	Vegetable Soup, Toasted Cheese Sandwiches, Sliced Pickles, Chips, Pudding, Milk or Punch	Homemade Cabbage Soup, French Bread, Cake , Milk or Punch	Macaroni & Cheese, Tossed Green Salad, Rolls, Cookies, Milk or Punch
Evening Snack 8:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice

Dates: ______ (Write in dates with a Pencil only)

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast 7:00 AM	Pancakes with Butter & Syrup Bacon or Sausage Milk	Cooked cereal Fruit Toast Milk	Boiled Eggs Toast Fruit Milk	Pancakes with Butter & Syrup Bacon or Sausage Milk	Cooked Cereal Fruit Toast Milk	Eggs Bacon or Sausage Toast Fruit Milk	Cooked Cereal, Boiled Egg Toast Milk
Morning Snack 10:00AM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Lunch 12:00am	Lasagna, Tossed Green Salad, French Bread and Butter, Dessert, Milk or Punch	Chicken Fried Steak, Country Gravy, Mashed Potatoes, Buttered Corn, Biscuits, Dessert, Milk or Punch	Liver & Onions with Gravy, Steamed Rice, Mixed Vegetables, Dessert, Milk or Punch	Apricot Pork Roast with Gravy, Steamed Red Potatoes, Scandinavian Vegetables, Roll & Butter, Dessert, Milk or Punch	Southwest Chili with Cheese & Onions, Cornbread, Tossed Green Salad, Milk or Punch	Breaded Fish Filets with Tarter Sauce & Lemon, Garlic Roasted Potatoes, Coleslaw, Dessert, Milk or Punch	Cheese Burgers with all the fixings, Steak Fries, Buttered Corn, Dessert, Milk or Punch
Afternoon Snack 2:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Dinner 5:00PM	Tomato Rice Soup, Crackers, Chicken Nuggets, with BBQ Sauce, Dessert, Milk or Punch	Vegetable Soup, Patty Melt, Kosher Spear Pickles, Four Bean Salad, French Fries, Brownies, Milk or Punch	Potato Chowder, Crackers, Crab Salad, Cucumber Salad, Bran Muffin, Dessert Milk or Punch	Macaroni & Cheese with Wieners, Steamed Spinach, Dessert, Milk or Punch	Corn Chowder, Sliced Turkey Sandwich with Cranberry Sauce, Lettuce and Tomato Slices, Dessert Milk or Punch	Grilled Ham with Cheese on Rye Bread, Fried Zucchini Sticks, Romaine Salad, Dessert, Milk or Punch	Homestyle Chicken, Baked Potato, Oriental Vegetables, Fruit Cup, Milk or Punch
Evening Snack 8:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice

Dates:

WEEK THREE

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TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast 7:00 AM	Pancakes with Butter & Syrup Bacon or Sausage Milk	Cooked cereal Fruit Toast Milk	Boiled Eggs Toast Fruit Milk	Pancakes with Butter & Syrup Bacon or Sausage Milk	Cooked Cereal Fruit Toast Milk	Eggs Bacon or Sausage Toast Fruit Milk	Cooked Cereal, Boiled Egg Toast Milk
Morning Snack 10:00AM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Lunch 12:00am	Salisbury Steak, Mashed Potatoes, Buttered Corn, Dessert, Milk or Punch	Tuna Casserole with Melted Cheese, Green Salad, Dessert, Milk or Punch	Fried Chicken, Mashed Potatoes, Green Beans, Dessert, Milk or Punch	Chinese Beef & Broccoli, Steamed Rice, Buttered Carrots, Gingerbread, Dessert Milk or Punch	Pepper Steak, Buttered Noodles, Spinach, Buttered Bread, Dessert, Milk or Punch	Breaded Fish Fillets, Smothered Potatoes, Green Peas, Dessert, Milk or Punch	Red Beans with Bacon Ends, Rice, Cole Slaw, Corn Bread, Dessert, Milk or Punch
Afternoon Snack 2:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Dinner 5:00PM	Bacon & Cheese Quiche, Sliced Tomatoes, Dessert, Milk or Punch	Homemade Beef & Cabbage Soup, Biscuits, Fruit Cup or Jello, Milk or Punch	Smoked Sausage, Hash Browns, Buttered Cabbage, French Bread and Butter, Dessert Milk or Punch	Philly Cheese Steak on a Bun, Onion Rings, Buttered Corn, Tomato Slices, Dessert, Milk or Punch	Hot Turkey Sandwich, Mashed Potatoes, Tomato and Cucumber Salad, Dessert, Milk or Punch	Scalloped Potatoes and Ham Casserole, Green Salad, Dessert, Milk or Punch	Cream of Chicken Soup, Cold Cut Sandwich with Cheese, Tomato and Lettuce, Dessert, Milk or Punch
Evening Snack 8:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice

Dates:	
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WEEK FOUR

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast 7:00 AM	Pancakes with Butter & Syrup Bacon or Sausage Milk or Coffee	Cooked cereal Fruit Toast Milk or Coffee	Boiled Eggs Toast Fruit Milk or Coffee	Pancakes with Butter & Syrup Bacon or Sausage Milk or Coffee	Cooked Cereal Fruit Toast Milk or Coffee	Eggs Bacon or Sausage Toast Fruit Milk or Coffee	Cooked Cereal, Boiled Egg Toast Milk or Coffee
Morning Snack 10:00AM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Lunch 12:00am	Chicken Patties, Mashed Potatoes, Cream Corn, Mix Green Vegetables, Dessert, Milk or Punch	Stuffed Bell Pepper, Stewed Tomatoes, Buttered Rice, Dessert, Milk or Punch	Tuna Croquettes with Cream Sauce, Mashed Potatoes, Green Peas, Dessert, Milk or Punch	Taco Casserole, Mixed Green Salad, Dessert, Milk or Punch	Teriyaki Chicken, Fried Rice, Broccoli, Dessert, Milk or Punch	Swedish Meatballs over Noodles, Green Beans, Dessert, Milk or Punch	Spaghetti Salad, French Bread, Dessert, Milk or Punch
Afternoon Snack 2:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Dinner 5:00PM	Tomato Soup Toasted Cheese Sandwiches, Sliced Beets, Pineapple Slices, Milk or Punch	Chicken Noodle Soup, Egg Salad Sandwich on Wheat Toast, Chips, Vanilla Pudding, Milk or Punch	Homemade Beef & Cabbage Soup, French Bread, Apricots Halves, Milk or Punch	Autumn Sausage Skillet, Green Beans, Garlic Toast, Peach Halves, Milk or Punch	Hot Turkey Sandwich, Mashed Potatoes, Tomato and Cucumber Salad, Dessert, Milk or Punch	Scalloped Potatoes and Ham Casserole, Green Salad, Dessert, Milk or Punch	Cream of Chicken Soup, Cold Cut Sandwich with Cheese, Tomato and Lettuce, Dessert, Milk or Punch
Evening Snack 8:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice

Dates:						

WEEK FIVE

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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	Pancakes with	Cooked cereal Fruit	Boiled Eggs	Pancakes with	Cooked Cereal	Eggs	Cooked Cereal,
Breakfast	Butter & Syrup	Toast	Toast Fruit	Butter & Syrup	Fruit Toast	Bacon or Sausage Toast, Fruit	Boiled Egg
7:00 AM	Bacon or Sausage Milk or Coffee	Milk or Coffee	Milk or Coffee	Bacon or Sausage Milk or Coffee	Milk or Coffee	Milk or Coffee	Toast Milk or Coffee
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Morning	Clients are given a choice	Clients are given a choice	Clients are given a choice	Clients are given a choice	Clients are given a choice	Clients are given a choice	Clients are given a choice
Snack	from an array of snacks	from an array of snacks	from an array of snacks	from an array of snacks	from an array of snacks	from an array of snacks	from an array of snacks
10:00AM	included but not limited to crackers, fruit, cheese,	included but not limited to crackers, fruit, cheese,	included but not limited to crackers, fruit, cheese,	included but not limited to crackers, fruit, cheese,	included but not limited	included but not limited to crackers, fruit, cheese,	included but not limited to crackers, fruit, cheese,
10:00AM	cookies, juice	cookies, juice	cookies, juice	cookies, juice	to crackers, fruit, cheese, cookies, juice	cookies, juice	cookies, juice
	·	COOKIES, JUICE	·	COOKIES, JUICE		COOKIES, Juice	•
	Garden Salad with	Carrot Salad, Swiss	Molded Vegetable	Breaded Veal with	Sliced Tomatoes with	Cajun Baked Fish,	Chili Mac,
Lunch	Dressing, Fried	Steak, Corn, Mashed	Salad,	Mushrooms Sauce,	Italian Dressing,	Cottage Fries,	Green Salad,
	Chicken, Potato	Potatoes with Gravy,	Sweet & Sour Pork,	Egg Noodles,	Lemon Roasted	Sliced Zucchini,	Bread with Butter,
12:00am	Wedges, Spinach with	Dessert,	Fried Rice, Green Beans,	Harvard Beets,	Chicken, Mashed	Herbed Bread,	Dessert,
	Lemon, Dinner Roll,	Milk or Punch	Bread with Butter	Bread with Butter,	Potatoes, Green Peas,	Dessert,	Milk or Punch
	Dessert,		Dessert,	Dessert,	Dessert,	Milk or Punch	
	Milk or Punch		Milk or Punch	Milk or Punch	Milk or Punch		
Afternoon	Clients are given a choice	Clients are given a choice	Clients are given a choice	Clients are given a choice	Clients are given a choice	Clients are given a choice	Clients are given a choice
Snack	from an array of snacks	from an array of snacks	from an array of snacks	from an array of snacks	from an array of snacks	from an array of snacks	from an array of snacks
2:00PM	included but not limited	included but not limited	included but not limited	included but not limited	included but not limited	included but not limited	included but not limited
2:00PM	to crackers, fruit, cheese,	to crackers, fruit, cheese,	to crackers, fruit, cheese,	to crackers, fruit, cheese,	to crackers, fruit, cheese,	to crackers, fruit, cheese,	to crackers, fruit, cheese,
D:	cookies, juice	cookies, juice	cookies, juice	cookies, juice Beef Ravioli,	cookies, juice	cookies, juice	cookies, juice
Dinner	Tomato Soup	Vegetable Soup, Ham Salad Sandwich,	Chicken Noodle Soup, BBQ Beef on a Bun,	Green Salad,	Vegetable Beef Soup, Tuna Salad Sandwich,	Cheesy Broccoli Soup, Chicken Salad,	Chicken Soup,
5:OOPM	Macaroni & Cheese, Steamed Broccoli,			**	Cole Slaw,	**	Meatballs in Gravy,
	1	Chilled Pineapples,	Oven Baked Fries,	Bread and Butter,		Three Bean Salad,	Egg Noodles,
	Herbed Bread,	Sliced Pineapple,	Dessert,	Dessert,	Dessert,	Roll and Butter	Slice Carrots,
	Dessert,	Milk or Punch	Milk or Punch	Milk or Punch	Milk or Punch	Dessert,	Dessert,
	Milk or Punch	Climbon di con la constitución de la constitución d	Climbarational	Climbanational	Clienta aventi vi e la la	Milk or Punch	Milk or Punch
Evening	Clients are given a choice from an array of snacks	Clients are given a choice from an array of snacks	Clients are given a choice from an array of snacks	Clients are given a choice from an array of snacks	Clients are given a choice from an array of snacks	Clients are given a choice from an array of snacks	Clients are given a choice from an array of snacks
Snack	included but not limited	included but not limited	included but not limited	included but not limited	included but not limited	included but not limited	included but not limited
8:00PM	to crackers, fruit, cheese,	to crackers, fruit, cheese,	to crackers, fruit, cheese,	to crackers, fruit, cheese,	to crackers, fruit, cheese,	to crackers, fruit, cheese,	to crackers, fruit, cheese,
	cookies, juice	cookies, juice	cookies, juice	cookies, juice	cookies, juice	cookies, juice	cookies, juice

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Dates:	
	(Write in dates with a Pencil only)

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast 7:00 AM	Pancakes with Butter & Syrup Bacon or Sausage Milk or Coffee	Cooked cereal Fruit Toast Milk or Coffee	Boiled Eggs Toast Fruit Milk or Coffee	Pancakes with Butter & Syrup Bacon or Sausage Milk or Coffee	Cooked Cereal Fruit Toast Milk or Coffee	Eggs Bacon or Sausage Toast, Fruit Milk or Coffee	Cooked Cereal, Boiled Egg Toast Milk or Coffee
Morning Snack 10:00AM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Lunch 12:00am	Beef Brisket, Country Gravy, Mashed Potatoes, Pickled Beets, Dinner Roll, Dessert, Milk or Punch	Garden Salad with Dressing, Spaghetti with Meat Sauce, Garlic Bread, Dessert, Milk or Punch	Apple Jack Chicken, Steamed Rice, Sliced Zucchini, Bread with Butter Dessert, Milk or Punch	Sliced Roast Pork, Scalloped Potatoes, Chopped Spinach, Cornbread with Butter, Dessert, Milk or Punch	Vegetable Lasagna, Vegetable Blend, Herbed Bread, Dessert, Milk or Punch	Lemon Baked Fish, Oven Fried Potatoes, Creole Tomatoes, Bread and Butter, Dessert, Milk or Punch	Ground Beef with Gravy over Noodles, Toss Salad, Rolls, Dessert, Milk or Punch
Afternoon Snack 2:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Dinner 5:OOPM	Minestrone Soup, Broccoli Chicken Casserole, Herbed Bread, Dessert, Milk or Punch	Beef Barley Soup, Grilled Cheese Sandwich, Green Peas, Dessert, Milk or Punch	Corn Chowder, Beef and Macaroni, Salad, Bread with Butter Dessert, Milk or Punch	Beef Stew with Vegetables, Biscuits and Butter, Dessert, Milk or Punch	Cabbage Vegetable Soup, Grilled Turkey Sandwich, Potato Salad, Dessert, Milk or Punch	Split Pea Soup, Hamburger on a Bun, Catsup, Mayonnaise, Lettuce leaf, Slice Tomato, French Fries, Dessert, Milk or Punch	Vegetable Soup, Scalloped Potatoes with Diced Ham, Broccoli, Bread with Butter Dessert, Milk or Punch
Evening Snack 8:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice

Dates:			 		

WEEK SEVEN

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast 7:00 AM	Pancakes with Butter & Syrup Bacon or Sausage Milk or Coffee	Cooked cereal Fruit Toast Milk or Coffee	Boiled Eggs Toast Fruit Milk or Coffee	Pancakes with Butter & Syrup Bacon or Sausage Milk or Coffee	Cooked Cereal Fruit Toast Milk or Coffee	Eggs Bacon or Sausage Toast, Fruit Milk or Coffee	Cooked Cereal, Boiled Egg Toast Milk or Coffee
Morning Snack 10:00AM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Lunch 12:00am	Corned Beef, Boiled Potatoes & Carrots, Steamed Cabbage, Corn Bread w/ Margarine Shamrock Cookies Milk or Punch	Sloppy Joe on a Bun Green Beans Macaroni Salad Dessert Milk or Punch	Monterey Chicken Scalloped Potatoes Peas & Carrots Bread w/Margarine Dessert Milk or Punch	Burritos w/Meat Sauce Spanish Rice Veggie Salad Dessert Milk or Punch	Mandarin Beef Parsley Noodle Baked Squash Herbed Bread Dessert Milk or Punch	Turkey Noodle Casserole Tossed Salad Bread w/Butter Dessert Milk or Punch	Bar-B-Q Chicken Nuggets with French Fries, Cole Slaw Dessert, Milk or Punch
Afternoon Snack 2:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Dinner 5:00PM	Potato Chowder w/ Crackers, Crab Salad Plate, Cucumber Salad, Bran Muffin Dessert Milk or Punch	Bacon & Cheese Quiche Harvard Beets Romaine Salad Dessert Milk or Punch	Sausage & Peppers, Pasta, Broccoli, French Roll w/Margarine Dessert Milk or Punch	Fish Sticks, Steak Fries Tartar Sauce Carrot Raisin Salad Dessert Milk or Punch	Shepherd's Pie Scandinavian Vegetables Roll w/Butter Dessert Milk or Punch	Southwest Chili w/Cheese and Onions Corn Bread Dessert Milk or Punch	Mushroom Barley Soup Crackers, Pastrami On Rye, Kosher Dill Spears, Tomato Slices, Corn Bread, Dessert Milk or Punch
Evening Snack 8:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice

Arbor Vista & Bella Vista WEEKLY MENU

Dates:	
(V	Vrite in dates with a Pencil only)

cookies, juice

WEEK EIGHT	M	VEEK	EIG	HT
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TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast 7:00 AM	Pancakes with Butter & Syrup Bacon or Sausage Milk or Coffee	Cooked cereal Fruit Toast Milk or Coffee	Boiled Eggs Toast Fruit Milk or Coffee	Pancakes with Butter & Syrup Bacon or Sausage Milk or Coffee	Cooked Cereal Fruit Toast Milk or Coffee	Eggs Bacon or Sausage Toast, Fruit Milk or Coffee	Cooked Cereal, Boiled Egg Toast Milk or Coffee
Morning Snack 10:00AM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Lunch 12:00am	Bar-B-Que Chicken Home Made Potato Salad Green Beans Rolls/Butter Cupcake	Italian Meat Loaf Brown Gravy Mashed Potatoes Green Veggies Dinner Roll Dessert	Stir Fired Pork Rice Pilaf Broccoli w/Red Peppers Rolls w/Butter Dessert Milk or Punch	Liver & Onion w/Bacon Steam Rice Cauliflower& Green Peas Dessert, Milk or Punch	Smothered Chicken w/ Gravy Buttered Rice Zucchini in Tomato Sauce Dessert	Fired Fish Tater Tots Stewed Tomatoes Topped w/ Bread Crumbs & Cheese Dessert	Beef and Gravy over Mashed Potatoes, Salad, Bread and Butter Dessert, Milk or Punch
Afternoon Snack 2:00PM	Punch, Milk or Water Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Punch or Milk Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Punch or Milk Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Punch or Milk Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Dinner 5:00PM	Corn Beef Rubens Kosher Dill Spears Macaroni Salad Dessert Punch Or Milk	Creamy Cole Slaw Hot Dogs Potato Chip Strawberry Jell-O Punch or Milk	Turkey Tetrazzini Buttered Zucchini Bread/Butter Dessert Punch or Milk	Cheese Hamburgers W/ All the Fixings Chips Dessert Punch or Milk	Potato Soup Roast Beef Sandwich Pea Salad Dessert Punch or Milk	Tomato Florentine Soup Gilled Cheese Sandwich Peach Slices Punch or Milk	Beef Stew w/ Potatoes Toss Greens Corn Bread Dessert Punch or Milk
Evening Snack 8:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese,	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese,	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese,	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese,	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese,	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese,	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese,

cookies, juice

cookies, juice

cookies, juice

cookies, juice

cookies, juice

cookies, juice

WEEKLY MENU

WEEK NINE

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast 7:00 AM	Pancakes with Butter & Syrup Bacon or Sausage Milk or Coffee	Cooked cereal Fruit Toast Milk or Coffee	Boiled Eggs Toast Fruit Milk or Coffee	Pancakes with Butter & Syrup Bacon or Sausage Milk or Coffee	Cooked Cereal Fruit Toast Milk or Coffee	Eggs Bacon or Sausage Toast Fruit Milk or Coffee	Cooked Cereal, Boiled Egg Toast Milk or Coffee
Morning Snack 10:00AM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Lunch 12:00am	Baked Chicken Candied Yams Collard Greens Hot Buttered Corn Bread, Hot Cross Buns Milk or Punch	Tuna Casserole Seasoned Squash Mix Greens Dinner Roll Dessert Milk or Punch	Swiss Steak Au Gratin Potatoes Seasoned Spinach Bread/Butter Dessert Milk or Punch	Stuffed Bell Pepper Mashed Potatoes Beets Dessert Milk or Punch	Chicken /w Wine Squce Parsley Noodles French Cut Green Beans Dessert Milk or Punch	Fired Fish Mac & Cheese Mix Green Salad Dessert Milk or Punch	Chili Beans Seasoned /w Bacon, Steamed Rice Cole Slaw Corn Bread Dessert Milk or Punch
Afternoon Snack 2:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Dinner 5:00PM	Cup of soup Beef Patty Baked Potato Oriental Vegetables Dessert Punch or Milk	Knockwurst & Sauerkraut, Smothered Potatoes Carrot & Raisin Baked Apple Punch or Milk	BBQ Pork on a Bun French Fries Peas & Mushroom Dessert Punch or Milk	Tomato Soup, Crackers Turkey & Swiss Sandwich, Dessert Punch or Milk	Potato Soup Cheeseburger Pie Mixed Veggies Dessert Punch or Milk	Cream of Broccoli Soup Fettuccini Alfredo, Spinach Salad, Hot Bacon Dressing, Garlic Bread, Peach Slices Punch or Milk	Chicken Pot Pie Romaine Salad Stewed Tomatoes Dessert Punch or Milk
Evening Snack 8:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice

Dates:			 		

WEEK TEN

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast 7:00 AM	Pancakes with Butter & Syrup Bacon or Sausage Milk or Coffee	Cooked cereal Fruit Toast Milk or Coffee	Boiled Eggs Toast Fruit Milk or Coffee	Pancakes with Butter & Syrup Bacon or Sausage Milk or Coffee	Cooked Cereal Fruit Toast Milk or Coffee	Eggs Bacon or Sausage Toast Fruit Milk or Coffee	Cooked Cereal, Boiled Egg Toast Milk or Coffee
Morning Snack 10:00AM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Lunch 12:00am	Baked Turkey Wings w/gravy Mashed Potatoes Green Veggies Rolls/w butter Milk or Punch	Italian Meatball and Spaghetti Italian Veggies French Bread Dessert Milk or punch	Enchiladas on A lettuce leaf Spanish Rice Refried Beans Dessert Milk or Punch	Sesame Chicken Scalloped Potatoes Mix Veggies Dessert Milk or Punch	Roast Pork Lion Sweet Potatoes Green Beans Dinner Roll Dessert Milk or Punch	Vera Cruz Fish Rice Pilaf Lemon Broccoli Bread w/ Butter Dessert Milk or Punch	Patty Melt on Rye Bread With Grilled Onions Speared Pickles, Fruit Cup Milk or Punch
Afternoon Snack 2:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice
Dinner 5:00PM	Cup of Soup Beef Patty Baked Potato Oriental Vegetables Dessert Punch or Milk	Knockwurst & Sauerkraut, Smothered Potatoes Carrot & Raisin Salad Baked Apple Punch or Milk	BBQ Pork on a Bun French Fries Peas & Mushroom Dessert Punch or Milk	Tomato Soup w/ Crackers Turkey & Swiss Sandwich, Dessert Punch or Milk	Potato Soup Cheeseburger Pie Mixed Veggies Dessert Punch or Milk	Cream of Broccoli Soup Fettuccini Alfredo, Spinach Salad, Hot Bacon Dressing, Garlic Bread, Peach Slices Punch or Milk	Chicken Pot Pie Romaine Salad Stewed Tomatoes Dessert Punch or Milk
Evening Snack 8:00PM	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice	Clients are given a choice from an array of snacks included but not limited to crackers, fruit, cheese, cookies, juice