

EXERCISE AND FINAL EXAM KEYS

The following are answer keys for the *Learning Exercises* located in the *Learner Workbook*.



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Learning Exercise KEY:

Understanding Your Community Specific Responsibilities

Sit down with your supervisor. In addition to listing your essential duties, there are some specific areas you will want to clarify.

My essential duties as a Med Aide include:

1. Coordinating quality care by communicating with the resident's health care providers, your supervisor, family members/significant others, and the resident regarding health conditions, and both prescription and non-prescription medication needs.
2. Dispensing medications and assisting the resident to consume medications.
3. Assuring that the available medications coincide with what the provider has prescribed.
4. Storing medications safely.
5. Ordering and refilling medications, never allowing a resident to run out of a medication.
6. Documenting medications.
7. Destroying medications as needed and in accordance with state and community procedures.
8. Documenting all communication with providers, family/significant others, and the resident according to your community policy.
9. Continual observation of each resident for potential adverse reactions to medications and/or signs/symptoms indicating the need for a change to the medication regimen.

Who is my immediate supervisor?

This is community-specific and must be determined by your own policies and procedures.



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In the event of an emergency, how do I reach my supervisor when my supervisor is not in the building?

This is community-specific and must be determined by your own policies and procedures.

Who do I contact if I am unable to reach my supervisor?

This is community-specific and must be determined by your own policies and procedures.










Learning Exercise KEY:
Allowable Med Aide Duties

Discuss the following common medication-related duties and procedures with your trainer. Clarify who may perform each duty, and place a check mark in the appropriate column next to each. Ensure your answers conform to both your community policy and your state regulations.

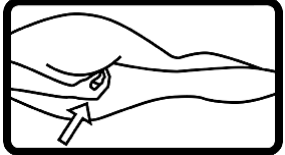


LMP = Licensed Medical Professional

Oral medications		<p>X Med Aide may ASSIST</p>
Inhalers		<p>X Med Aide may ASSIST</p>
Transdermal patches		<p>X Med Aide may ASSIST</p>



Topical medications (e.g., ointments, creams, etc.)		X Med Aide may ASSIST
Eye drops		X Med Aide may ASSIST
Ear drops		X Med Aide may ASSIST
Nose drops		X Med Aide may ASSIST
Injections		X Other: Must be administered by the resident or LMP



Suppositories		X Med Aide may ASSIST
Enemas		X Med Aide may ASSIST
Titrate (decide how much of a medication to give) based on vital signs		X Only a LMP may perform





Learning Exercise KEY:
Terminology and Abbreviations

Write the correct complete word(s) for each abbreviation:

AC	<u>Before meals</u>
BM	<u>Bowel movement</u>
\bar{c}	<u>With</u>
BID	<u>Two times daily</u>
gtt	<u>Drop, drip</u>
DC	<u>Discontinue</u>
DNR	<u>Do not resuscitate</u>
PO	<u>By mouth</u>
QD	<u>Every day</u>
QH	<u>Every hour</u>
QHS	<u>Every hour of sleep, bedtime</u>
QID	<u>Four times a day</u>
QOD	<u>Every other day</u>
NKDA	<u>No known drug allergies</u>
NSAID	<u>Non-steroidal anti-inflammatory drug</u>
OD	<u>Right eye</u>
OS	<u>Left eye</u>
OTC	<u>Over-the-counter</u>
Rx	<u>Prescription</u>
URI	<u>Upper respiratory infection</u>
UTI	<u>Urinary tract infection</u>
<	<u>Less than</u>
TID	<u>Three times a day</u>





*Learning Exercise KEY:
Drug Names*

The drugs listed below are the generic or trade names for several common drugs. Match the correct generic and trade names by drawing a line to connect them

Trade Names

Generic Names

Meticorten	furosemide
Lasix	lorazepam
Paxil	paroxetine
Ativan	prednisone
Risperdal	acetaminophen
Tylenol	risperidone

